

Useful Hiking Book for Southern Valley & Ridge Region

Carroll, Steve and Miller, Mark. Wild Virginia: A Guide to 30 Roadless Recreation Areas including Shenandoah National Park. 2002.

This guide lists several roadless/wilderness areas by entity with proposed hike(s), routes or overnight backpacks in each. It gives distance, difficulty, topographic map(s) that cover area, trailhead descriptions and hike descriptions. Often includes loop possibilities with other trails. Like the de Hart guide, this book was written before some Virginia areas became wilderness in 2009. However, it includes proposed cross-country hikes/ routes in more obscure wilderness. One of the authors has also hiked most of Virginia wilderness and written short descriptions of each on the Virginia Wilderness Committee website.

Trails, routes or loops in this book (listed by wilderness area) include:

Beartown: Roaring Fork Trail/road loop. Bushwhack up Garden Mountain (ridge route from Roaring Fork Trail/road).

Kimberling Creek: Sulphur Spring Trail. Trail/route to ridge. Hogback Mountain Trail/ road into North Fork.

Available at these sellers (links will not open in new tab, click on upper left arrow to return here):
<https://www.amazon.com/Wild-Virginia-Recreation-Including-Shenandoah/dp/0762723157>
<https://www.barnesandnoble.com/w/wild-virginia-steven-carroll/1100004652>

*Author, Miller has also posted more information on most Virginia wilderness organized by National Forest and including descriptions, proposed wilderness additions, issues and hiking directions. <http://www.vawilderness.org/va-wilderness.html>